

BEOP



BE EXCELLENT ON PURPOSE
& EMBRACE EACH DAY WITH

joy & gratitude!

Bring It On!

BRICKIE TIP #3!: Check It Out - I'm Living the Dream! Here's Why....

Use this page to capture (list, draw, etc.) all the amazing things in your life right now. Nothing is too small or too big!



Large dashed-line box for writing or drawing.

You can revisit this page and add to it at will. You may even want to grab a device and take a pic of this to revisit it when you need a boost and are away from your journal.