

BEOP



BE EXCELLENT ON PURPOSE
& EMBRACE EACH DAY WITH

joy & gratitude!

Bring It On!

BRICKIE TIP #28: Noticing the Good

You can use this space to brainstorm all the things that you notice bring you joy and make your life better.

"The more you practice the art of thankfulness, the more you have to be thankful for."

NORMAN VINCENT PEALE

GRATITUDE IN ACTION: Share one of these items with a friend or loved one, expressing to them what you appreciate about it. Check the box when the mission is completed!