

BEOP



BE EXCELLENT ON PURPOSE
& EMBRACE EACH DAY WITH

joy & gratitude!

Bring It On!

BRICKIE TIP #20: Reflections

Think about your last week or month.

How's it been going?

A HIGHLIGHT WAS ...

A CHALLENGE WAS ...

AN ACT OF KINDNESS (BIG OR SMALL) THAT I
WITNESSED OR PERFORMED WAS ...

SOMETHING THAT I'VE RECENTLY LEARNED
ABOUT DOING GOOD DEEDS IS ...