

BEOP

BE EXCELLENT ON PURPOSE
& EMBRACE EACH DAY WITH

joy & gratitude!

Bring It On!

BRICKIE TIP #19: Pick Your Prompt

When you are in the mood to free-write, pick a prompt from below and respond using a blank sheet of paper. You could cut the prompt out and glue it to the top of the page, giving yourself as much space as you need/want to respond. You can also rewrite the prompt at the top of the page too!

ONE THING THAT REALLY GETS ME OUT OF BED IN THE MORNING IS...

AT ITS PEAK AWSOMENESS, THE WORLD WOULD...

TO SPREAD LOVE AND HAPPINESS, I...

ONE WAY I CAN USE MY AWESOME, UNIQUE TALENTS TO MAKE THE WORLD A BETTER PLACE IS...

I WAS BLESSED BY SOMEONE'S GENEROSITY WHEN...

ONE TINY THING I CAN DO TODAY TO MAKE THE WORLD AT LEAST A SMIDGE BETTER IS...

A TIME WHEN I'VE DONE SOMETHING SUPER NICE FOR SOMEONE & FELT LIKE A SUPERHERO IS...

I CAN STEP UP MY GAME WHEN IT COMES TO TAKING CARE OF THE PEEPS & THINGS I HOLD DEAR BY...

I CAN LEVEL UP MY GENEROSITY GAME AND SHARE THE WEALTH BY...

IF I HAD 24 HOURS LEFT TO LIVE, I WOULD MAKE IT THE MOST EPIC DAY EVER BY...

I SPREAD SOME KINDNESS TODAY WHEN I...

"Alone we can do so little.

Together we can do so much."

-Helen Keller