

BEOP

BE EXCELLENT ON PURPOSE
& EMBRACE EACH DAY WITH

joy & gratitude!

Bring It On!

BRICKIE TIP #18: Reflections

Think about your last week or month.
How's it been going?

A HIGHLIGHT WAS ...

A CHALLENGE WAS ...

MY MOOD WAS BEST WHEN I WAS AROUND ...

SOMETHING THAT I'VE RECENTLY LEARNED
ABOUT MY RELATIONSHIP(S) IS ...