

## Resources for Families

### **Counseling:**

**Regional Mental Health** 1-219-794-2000

(provide in school services to select schools)

**Choices Counseling Services** 1-219-548-8727

(provides in school services)

**Crown Counseling Services** 1-219-663-6353

(provides in school services)

**Porter-Starke Services Inc.** 1-219-531-5300

**Porter County Counseling Service** 1-219-364-2732

**Edge Water Systems for Balanced Living** 1-219-885-4264

**Mid America** 1-219-736-1000

**Jacobs Ladder** 1-219-764-4888

**Innovations in Learning** 1-219-791-1400

(intellectual disabilities and Autism)

**Community Partners** 1-866-641-7181

(family resources/counseling)

**Cancer Resource Center** 1-219-836-3349

### **Therapists:**

**Karen Eggen** 1-219-531-0865

**Karen Ensign** 1-219-793-1233

**Dr. Leon** 1-219-884-1655

**Carl Moisoff (adolescents)** 1-800-648-7608

**John Brown (adolescents)** 1-219-805-3683

**Todd Snider** 1-219-736-6220

**Pediatric Psychiatrists:**

Regional Mental Health	1-219-794-2000
Porter-Starke Services Inc	1-219-793-1233
Dr. Jayachandran	1-219-934-6410
Dr. Wigutow	1-219-769-5900

**In-patient Psychiatric Hospitalization:**

Franciscan St. Margaret Health –Dyer	1-219-865-2141
Michiana Behavioral Health	1-574-936-3784
	1-800-795-6252
Midwest Center for Youth and Families	1-(888)629-3471

**Domestic Violence Shelters**

The Caring Place Inc (Valparaiso)	1-219-464—0840
	1-219-464-2128
	1-800-933-0466
St. Jude House (Crown Point)	1-219-662-7066
Haven House Inc (Hammond)	1-219-931-2090

**Other Resources:**

Hobart Township Trustee	1-219-942-0055
Hobart Food Pantry	1-219-947-7779
Workforce Development Services	1-866-582-2229