

**\*I DIDN'T RUN IN MIDDLE SCHOOL\***  
**NO EXPERIENCE NEEDED!!!**

*6 of the 7 runners on our 2018 Semi-State team did not run XC or ran sparingly in middle school.*

**\*I DON'T LIKE RUNNING OR CAN'T RUN LONG DISTANCE\***

Our cross country runners have also been: school record high jumpers, State Champion wrestlers, Conference Champion hurdlers, long jumpers and sprinters, All-State pole vaulters, soccer players, former football players, swimmers, basketball and baseball players, cheerleaders, class presidents and ROTC Raiders

**\*Many have also run XC while holding down a job!**



**Christian Howerton & Diego Gomez**  
**Class of 2018**

**Diego Gomez**

3X ALL-NCC \*3X Regional Qualifier  
 Semi-State Qualifier  
 \*\*Purdue Northwest\*\*



5K-16:23 3200M-9:49 1600M-4:27

Started running two years ago. Arguably the most improved runner in Indiana.  
 Played football in MS and wrestled in MS/HS.

**Sydney Belk**

3X Regional Qualifier  
 Semi-State Qualifier



5K-19:54 3200M-12:16 1600M-5:43

Did not run middle school cross country.  
 Fell one place shy of qualifying for the 2018 XC State Finals. Double qualifier for the 2019 Portage Track Regional.

**Christian Howerton**

ALL-NCC \*4X Regional Qualifier

2X Semi-State Qualifier

\*\*Wisconsin Stevens Point\*\*



5K-17:02 3200M-10:23 1600M-4:49

Started running as a sophomore.  
 Played football in MS also competed in wrestling and swimming in HS.

**Bryan Cherry Class of 2020**

3X ALL-NCC \*6X Regional Qualifier  
 3X Semi-State Qualifier



5K-16:43 3200M-10:12 1600M-4:39

Did not run middle school cross country. Competed as teams #1 runner freshman year.

**TOP BOYS 5K TIMES**

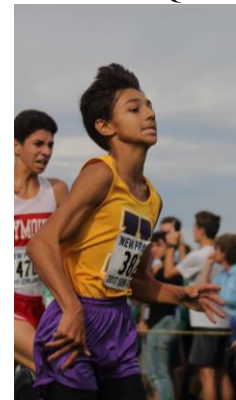
- \*Dunn 16:04.5
- \*Cordova 16:14.0
- \*Gomez 16:23.1
- \*Liechty 16:28.1
- \*Petroskey 16:40.2
- \*Cherry 16:43.7
- \*Seeley 16:44.0
- \*Abner 16:46.0
- \*Spain 16:46.0
- \*Brooks 16:48.6
- \*Goodman 16:51.0
- \*Elizondo 16:51.0
- \*J. Allen 16:53.2
- C. Allen 16:56.5
- \*Howerton 17:01.0
- Jimenez 17:14.0
- \*Bowman 17:20.0
- Leipart 17:25.3
- Ja. Leon 17:28.0
- \*Novak 17:30.0

**TOP GIRLS 5K TIMES**

- \*Guerrero 18:45.0
- \*Whidden 18:57.0
- \*C. Shaginaw 19:05.0
- \*H. Shaginaw 19:15.0
- Jewell 19:39.0
- \*Sopko 19:48.0
- Belk 19:54.9
- \*Chelich 20:21.0
- Ahner 20:34.0
- Polizotto 20:58.0
- M. Leonard 20:58.0
- Porras 21:04.0
- \*Sutton 21:11.0
- P. Solivais 21:24.0
- Gubricky 21:40.0
- A Leonard 21:43.0
- Zakutansky 21:52.9
- Butler 22:08.0
- Buhmann 22:18.0
- Wrenn 22:23.0

**Bruce Leipart Class of 2021**

4X ALL-NCC \*4X Regional Qualifier  
 2X Semi-State Qualifier



5K-17:25 3200M-10:53 1600M-4:38  
 Ran sparingly in middle school.  
 Wasn't going to run as a Freshman & joined team late.

**DID NOT RUN IN MIDDLE SCHOOL \* RECRUITED/RAN IN COLLEGE MULTI-SPORT ATHLETE (not including track)**

Schools attended include Purdue University, Valparaiso University, Cornerstone University, Purdue Northwest, Calumet College and Wisconsin Stevens Point