

SCOH COVID-19 Resources

Parent Resources for Talking to Children about COVID-19

[Talking to Children About COVID-19: A Parent Resource](#) - National Association of School Psychologists and National Association of School Nurses

[Talking with Children about Coronavirus 2019: Messages for Parents, School Staff, and Others Working with Children](#) - Center for Disease Control

[HealthyChildren.org](#) - American Academy of Pediatrics

[PBS: How to Talk to Your Kids about Coronavirus](#)

[Talking to Kids About Coronavirus](#)

[Julia Cook-The Yucky Bug](#)

[Brain Pop: Coronavirus](#)

Community Resources

To access local services dial 211 or go to 211.org.

Geminus Community Partners <http://www.geminus.org/About-Us-Geminus-Community-Partners-Northwest-Indiana.html>

Salvation Army <https://www.salvationarmyusa.org/usn/>

Hobart Township Trustees 942-0055; 1421 W 27th Ave.

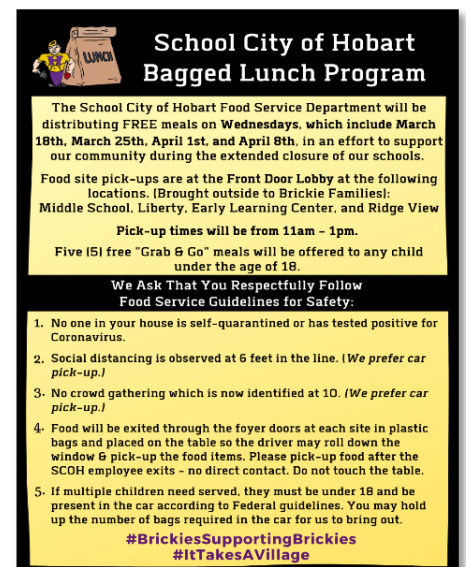
Current Food Resources

Local Food Pantries (Always call first to verify they are open)

Hobart Food Pantry 219-947-7779; 200 South Hobart Road

Hobart Assembly of God Food Pantry 219-942-2691; 7545 East Ridge Road

Bethel Church—Crown Point Campus 219-663-9200; 10202 Broadway Crown Point



**School City of Hobart
Bagged Lunch Program**

The School City of Hobart Food Service Department will be distributing FREE meals on Wednesdays, which include March 18th, March 25th, April 1st, and April 8th, in an effort to support our community during the extended closure of our schools.

Food site pick-ups are at the Front Door Lobby at the following locations. (Brought outside to Brickie Families):
Middle School, Liberty, Early Learning Center, and Ridge View

Pick-up times will be from 11am - 1pm.

Five (5) free "Grab & Go" meals will be offered to any child under the age of 18.

**We Ask That You Respectfully Follow
Food Service Guidelines for Safety:**

1. No one in your house is self-quarantined or has tested positive for Coronavirus.
2. Social distancing is observed at 6 feet in the line. (We prefer car pick-up.)
3. No crowd gathering which is now identified at 10. (We prefer car pick-up.)
4. Food will be exited through the foyer doors at each site in plastic bags and placed on the table so the driver may roll down the window & pick-up the food items. Please pick-up food after the SCOH employee exits - no direct contact. Do not touch the table.
5. If multiple children need served, they must be under 18 and be present in the car according to Federal guidelines. You may hold up the number of bags required in the car for us to bring out.

**#BrickiesSupportingBrickies
#ItTakesAVillage**

Academic Support

[Ask Rose Homework Help](#)

[Khan Academy](#)

National Mental Health Resources

National Suicide Hotline 1-800-SUICIDE (784-2433) or the National Suicide Prevention Lifeline: 1-800-273-TALK (8255)

Both toll-free, 24-hour, confidential hotlines which connect you to a trained counselor at the nearest suicide crisis center.

Safe Place 1-888-290-7233 Project Safe Place provides access to immediate help and supportive resources for young people in crisis through a network of qualified agencies, trained volunteers and businesses in 32 states. Call the hotline to find out if the program operates in your state, or [look online](#).

The Trevor Project: 866-4-U-TREVOR The Trevor Project operates the only nationwide, around-the-clock crisis and suicide prevention helpline for lesbian, gay, bisexual, transgender and questioning (LGBTQ) youth. The Trevor Helpline is available as a resource to parents, family members and friends of young people as well. Visit www.TheTrevorProject.org for more information and resources for young people, including "Dear Trevor," an online Q&A forum for non-time sensitive questions.

National Domestic Violence Hotline | Get Help Today: 1-800-799-7233 National Domestic Violence Hotline can help victims, survivors of domestic violence. Call 1-800-799-7233. Chat w/ an advocate on our website. www.thehotline.org

Crisis Text Line Text HOME to 741741. Crisis Text Line is free, 24/7 support for those in crisis. Text 741741 from anywhere in the US to text with a trained Crisis Counselor. Crisis Text Line trains volunteers to support people in crisis.

Local Mental Health Resources

Porter Starke: Porter Starke offers services counseling for children/adolescents and adults in individual or group settings. Porter Starke offers an Adult Day Treatment Program, Adult Residential Program, Recovery Center, Full-service Pharmacy, and Inpatient Care for adults 18 and older. 601 Wall St. Valparaiso, IN 46383 **219-531-3646**; <http://www.porterstarke.org/>

Regional Mental Health: Mental health care and interventions for substance abuse, adults, children, adolescents. Groups for children are conducted to address a variety of concerns such as anger management, social skills, adjustment to divorce, sexual abuse, etc. Sliding scale is available based on income. **8555 Taft St. Merrillville, IN; 219-736-4005**

The Caring Place: Service and shelter for victims of violence and their children. Shelter, victim advocacy, legal advocacy, sexual assault support, domestic violence support, community awareness, children's support programming. **107 Cascade Dr.**

Valparaiso, IN 46383; 219-464-0840; Crisis line 219-464-2128

St. Francis Center at Franciscan Health: An adolescent residential treatment program for male and female youths, ages 12-18. **Franciscan St. Margaret Health, Dyer;** 219-865-2141 x 42290; <https://www.franciscanhealth.org/health-care-services/behavioral-health-adolescent-residential-services-50>

Crown Counseling: We offer an array of diagnostic services and therapeutic services in an individual, family, or group settings. We have a staff of skilled therapists, all of whom have a Master's level degree from an accredited learning institution, who are available by appointment and offer a multitude of therapeutic modalities to fit client needs. We also offer several case management services ranging from parenting education and supervised visitation to mentoring and tutoring. (219) 663-6353; 1308 North Main Street, Crown Point

Social Emotional Learning Resources

[We Do Listen-Howard B. Wigglebottom](#)

[Sesame Street Toolkits](#)

[Help Your Family De-Stress During Coronavirus Uncertainty](#)

[25 Mindfulness Activities for Children and Teens plus Tips](#)

[5 Social-Emotional Learning Games to Play With Your Child](#)

[5 Activities for Teaching Children to Overcome Their Fears](#)

[10 Activities to Help Students Explore Emotions](#)

[Building Social-Emotional Skills at Home](#)

[Common Sense Media - 17 Apps to Help Kids Stay Focused](#)

[100 Strategies for Coping with Anxiety and More](#)

